

# MEASURING INSULIN RESISTANCE IS THE HEALTH CHECK OF THE FUTURE...

## AND THE FUTURE IS HERE

**Get in touch with Nurse  
Claire Hammett to learn  
how your Insulin status  
impacts Lifespan & Health-  
span. Clinics now in Ashby-  
de-la-Zouch and Oadby.**



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*"Claire has had a profound life changing  
impact on my life" - a patient testimonial,  
Daisy Foundation*